

Nik's Olympic School

Wrestling Summer Camp 2026

Monday, August 24th to Friday, August 28th



Nik's Olympic School
40 Abbott Rd.
Wellesley, MA 02481

Daily Hours: 9am - 5pm

Price: 1 day - \$130, 3 days - \$330, 5 days - \$500

Register by May 1st at
Coach_Nik@niksolympicschool.com

WRESTLING SUMMER CAMP SCHEDULE

9.00am-9.30am	Arrival
9.30am-11.00am	Outside 1 st Practice (weather permitting)
11.00am-12.00pm	Lunch (Not Provided)
12.00pm-1.00pm	Motivational Sport Videos Break
1.00pm-2.30pm	2 nd Practice
2.30pm-3.30pm	Snack (Not Provided)
3.30pm-5.00pm	3 rd Practice

Practices include Mat (Techniques, Drills, Live Wrestling), Conditioning, Stretching, Acrobatics, Inside and Outside Games and Races

CAMP PACKING LIST

✓ Lunch and snack	✓ Sneakers for outside activities
✓ 3 T-Shirts	✓ Wrestling Shoes
✓ Towel	✓ Socks

Camp Dates: August 24-28, 2026

Please register by May 1, 2026
* \$100 sign-up deposit required *